04.22.2020

EARTH DAY

Art Project

Project Duration	Who Can Participate?	Project Location
04.22 to 05.06	K-12 Students and Families In the Flathead Watershed	Your Home!

GET CREATIVE. EVERYDAY ACTIONS. EARTH DAY.

Join EVERYONE this Earth Day to create an Earth Day inspired art piece using ANY MATERIALS YOU HAVE.

Project Prompt *What actions can you take to make your everyday life more Earth-friendly?*

Project Description Visually represent an everyday action that you can take, or adapt, around your home, community, or the Flathead Watershed to make the Earth healthier!

Project Examples
- a photo of you using cloth rags instead of paper products to clean surfaces at home
- a picture chart of things you can recycle at home
- a painting of a native species to Montana that you want to protect (Ex. Westslope Cutthroat Trout)
- creating a map of all the recycle centers in town
- a poem about your favorite outdoor place in the Flathead Watershed and the ways we can protect it
- a model of a local town with a new design to make it more eco-friendly (Ex. Bike Paths)
- *... or ANYTHING YOU CAN THINK OF!*

Need Inspiration? Try one of Earthday.org's Daily Earth Day Challenges

We have adapted a few of the challenges in the table below for you to use offline! Get a chance to connect to the internet? Visit earthday.org to view more challenges!

*Not all of Earthday.org's Daily Earth Day Challenges are adaptable for offline, so we have added a few of our own!

Do a plastic audit	Plant-based for a day	Fix and DIY – Don't buy
Monitor the plastic items you use on a daily basis. Can you substitute them with reusable alternatives? Examples: - Make a reusable silverware set for your backpack. - Use reusable water bottles. - Repurpose plastics at home	Plants require less water and energy to grow! Try and eat plant-based meals for a day! Plan a day's worth of plant-based meals that your family can eat for a day! Ask your friends and family if they've tried this before and share recipes!	Do you already have the supplies in your house to make something that you need or fix something? Could you maybe find what you need at a second hand store? Get creative! Brainstorm and plan ways you can fix or DIY something you need BEFORE you need it!
Work for Earth	**Read, don't stream**	**Start a conversation**
Plan ways you can volunteer IN THE FUTURE (POST COVID-19) to make Earth cleaner and greener! Think of organizations in your community that you can volunteer for to… - Pick up trash - Plant trees or other gardens - Make your community healthier!	Spend some time reading this Earth Day! Streaming our favorite shows is a great source of entertainment, but you can find those same exciting stories in books without using electricity! Reading is one way to reduce electricity use, can you think of more?	Plan short conversations to have with friends, family members, and classmates about what they do to reduce their impact on the Earth. You can record their responses and try them out yourself or share them with others!
Zero-waste for a day	***Make a window garden**	***Do a water audit**
Monitor all the trash you make in one day. Then plan, how you can go a full day without making trash. This includes any waste from… - Buying and making food: Use reusable bags at check out, try and buy food that has recyclable or non-plastic packaging, buy your veggies loose/bag-free. - Cleaning: Use rags you can wash instead of paper products, buy or make your own eco-cleaners.	Gardening is a great way to help reduce your environmental impact. Food can travel far and wide to get to your local grocery stores. You can reduce carbon impacts from transportation by growing your own food. If you're new to gardening, start small! Grow some basil or chives in a windowsill at home. You don't even have to buy pots, just save a big yogurt or salad container, grab some soil and seeds and you're on your way!	Monitor how much water you use for daily activities. Try and brainstorm ways to reduce your water use! Did you know, most people use 80-100 gallons of water a day and that largest household water use is to flush the toilet, followed by water used for showers and baths? (usgs.gov) *Drinking water is excluded from water that you need to monitor during your day*

FLATHEAD LAKE BIO STATION
UNIVERSITY OF MONTANA